Utah State Resources

La Leche League of Utah
801-264-LOVE
www.lllusa.org/UT

Pregnancy Riskline (Medication Questions)
1-800-822-BABY
801-328-2229

Utah Breastfeeding Coalition
1-877-632-7975
www.utahbreastfeeding.org

Women, Infants and Children (WIC)
1-877-942-5437
www.health.utah.gov/wic

Bear River (Cache, Box Elder and Rich counties)

WIC Clinics
WIC
817 West 950 South
Brigham City, UT 84302
(435)734-0845

WIC
655 East 1300 North
Logan, UT 84341
(435)792-6451

WIC
275 North Main Street
Randolph, UT 84064
(435)793-2445

WIC
125 South 100 West
Tremonton, UT 84337
(435)257-3318

Hospitals/Clincs
Brigham City Community Hospital MSH
950 South Medical Drive
Brigham City, UT 84302
(435)734-4136 Labor & Delivery

- Prenatal class with BF component
- Inpatient breastfeeding assistance

Logan Regional Hospital IHC
500 East 1400 North
Logan, UT 84341
(435)752-0422 Women and Newborn Center
(435)716-2560 Lactation
(435)716-2560 Rental Station & Retail Store
Mon-Fri: 8:30 am- 5:00 pm (closed 12:30-1:30)

Prenatal breastfeeding classes: $15/couple, 3rd Fri
Post partum breastfeeding consult: $35/hour

- Breastfeeding supplies
- IBCLCs on staff
- Guest speakers available

Bear River Valley Hospital IHC
905 North 1000 West
Tremonton, UT 84337
(435)207-4681 labor and delivery

Referral to Logan Regional Medical Center

- Inpatient assessment, BF assistance
- Electric pump for in hospital use

Pump Rentals/Breastfeeding Supplies
Cache Valley Oxygen
1395 North 500 East, Suite A
Logan, UT 84341
(435)752-2227

Medela pump rentals

Intermountain Home Care
1400 North 550 East
Logan, UT 84341
(435)716-5396

Ameda and Medela pump rentals

Other Community Resources
La Leche League of Box Elder
La Leche League of Logan (435) 554-8667
www.lllusa.org/UT
Breastfeeding Information Websites

Breastfeeding Help & Support

Business Case for Breastfeeding -

Choosing a Baby-Friendly Birthing Facility -
www.babyfriendlyusa.org/

Daily Inspiration for the Nursing Mother -
www.lactations.com/index.php

Find a Lactation Consultant -
www.ilca.org/i4a/pages/index.cfm?pageid=3337

La Leche League International - www.llli.org/

Utah Breastfeeding Coalition -
www.utahbreastfeeding.org/

Medications & Other Exposures

Alcohol Elimination in Breastmilk
- www.motherisk.org/women/updatesDetail.jsp?content_id=347


Pregnancy RiskLine, Utah Department of Health -
www.health.utah.gov/prl/

Texas Tech University Health Sciences Center (Dr. Hale) - www.infantrisk.com/