Utah Community Resources

La Leche League of Utah
801-264-LOVE
www.llusa.org/UT

Pregnancy Riskline (Medication Questions)
1-800-822-BABY
801-328-2229

Utah Community Resources

Salt Lake County

Hospitals/Clinics

Alpine Medical Group
1060 South 100 East
Salt Lake City, UT 84102
(801)595-8899

- Lactation consultations by MD, IBCLC
- Phone consults for established patients only
- Ameda Pump rentals

Altaview Hospital
9660 South 1300 East
Sandy, UT 84094
(801)501-2600 main number

- Breastfeeding classes
- Inpatient BF counseling available

LDS Hospital IHC
325 8th Avenue
Salt Lake City, UT 84103
(801)507-7731 Childbirth Education
Prenatal class with BF, $55/couple
BF Class 4th Monday of each month $20

- Inpatient counseling
- Pump kits available
- “Rooming in” encouraged
- IBCLC on staff

Intermountain Medical Center IHC
5121 Cottonwood Street
Murray, UT 84157
(801)507-7000 Main number
(801)507-7661 Lactation Coordinator

- Breastfeeding classes
- Inpatient BF assistance

Jordan Valley Medical Center IASIS
3580 West 9000 South
West Jordan, UT 84088
(801)561-8888

- Breastfeeding classes taught by IBCLC
- Inpatient BF assistance and call-in Qs
- Pump kits available

Pioneer Valley Hospital
3460 S Pioneer Parkway
West Valley City, UT 84120
(801)964-3460 Women’s Services

- Inpatient BF assistance

Primary Children’s Medical Center IHC
100 Mario Capecchi Drive
Salt Lake City, UT 84113
(801)662-1000 Main Number
(801)662-3686 Lactation Consultant
IBCLC inpatient BF assistance

St. Mark’s Hospital MSH
1200 East 3900 South
Salt Lake City, UT 84124
(801)743-6616 Lactation Services
(801)268-7940 Class sign-up

- Breastfeeding classes
- Breastfeeding follow-up

Salt Lake Regional Medical Center IASIS
1050 East South Temple
Salt Lake City, UT 84102
(801)350-4111

- Breastfeeding class taught by an IBCLC
- Inpatient BF assistance
- Pump rental, supplies through pharmacy
- IBCLC on staff

Teen Mother & Child Program
University of Utah
3690 South Main Street
Salt Lake City, UT 84115
(801)468-3278

University Hospital
50 North Medical Drive
Salt Lake City, UT  84132
(801)581-2121 ask for lactation services
(801)581-2328 perinatal education
“Baby-Friendly” Hospital designation
IBCLC care award

- Breastfeeding classes
- Inpatient and out-patient BF assistance
- Inpatient pumps provided
- Pump rentals (Medela) for out-patient
- IBCLC on staff

University Hospital Outpatient Lactation Services
Clinic 6, University of Utah Hospital (main floor)
50 North Medical Drive
Salt Lake City, UT 84132
(801)581-2205

Appointments available: Mon, Tues, Thurs 3:30 pm-5 pm, Fridays 10:00 am-1 pm
$40/visit, IBCLC certified staff

WIC Clinics

610 South 200 East, Ste. 111
Salt Lake City, UT  84111
(801)534-4629

3690 South Main Street
Salt Lake City, UT 84115
(801)468-3500

1625 West 700 North
Salt Lake City, UT  84116
(801)322-0502

9340 South 700 East
Sandy, UT  84070
(801)256-1978

1740 West 7800 South
West Jordan, UT  84088
(801)569-4360

4535 South 5600 West
West Valley City, UT  84120
(801)963-7306

Pump Rentals/Breastfeeding Supplies

A Baby’s Choice Lactation (ABC Lactation)
1508 East Mountain Manner (7280 South)
Cottonwood Heights, UT  84121
(801)680-6455
www.abclactation.com

- Breastfeeding supplies
- Ameda and Medela pump rentals
- Breastfeeding classes
- IBCLC consultations available

Tender Lactation Care
8046 South Laguna Drive
West Jordan, UT  84088
(801)561-4516

- Breastfeeding supplies available
- Ameda and Medela pump rentals
- IBCLC consultation appointments available

Birth & Breastfeeding Solutions
South Jordan, Utah
(801)608-8947
birthandbreastfeeding@inbox.com
www.birthandbreastfeedingsolutions.com

- Ameda and Medela pump retailer
- IBCLC consultations available

L.A.C.E. by Louise
2762 W 12600 S, Suite 3
Riverton, UT  84065
(801)878-1990
www.lacebylouise.com
Ameda and Medela pump rentals

Lactation Plus
794 West Spanish Oak Way (6160 South)
Murray, UT  84123
(801)281-1881
www.lactationplus.com
Medela and Ameda pump rentals

Lactation Station
3142 South Highland Drive
Salt Lake City, UT  84106
(801)467-3434
www.lactationstation.com

- Medela pump rentals
- Breastfeeding supplies
IBCLC consultation appointments available

Deseret Medical
560 West Fine Drive
Salt Lake City, UT  84115
(801)270-8440
Medela pump rentals, will deliver

IHC Home Care
2250 South 1300 West
Salt Lake City, UT  84119
(801)887-7320
Ameda Medela and pump rentals, will deliver

Medical Center Pharmacy
1050 E South Temple
Salt Lake City, UT 84102
(801)350-8140
Medela Pump Rentals

Apria Healthcare
1555 West 2200 South
Salt Lake City, UT 84119
(801)972-5353
Rents Medela pumps

Breastfeeding Information Websites

Breastfeeding Help & Support

Choosing a Baby-Friendly Birthing Facility -
www.babyfriendlyusa.org/

Find a Lactation Consultant -
www.ilca.org/i4a/pages/index.cfm?pageid=3337

Utah Breastfeeding Coalition -
www.utahbreastfeeding.org/

General Information

American Academy of Family Physicians (AAFP) -

American Academy of Pediatrics (AAP) -
www.aap.org/breastfeeding/familiesLanding.html

National Women’s Health Information Center -
www.womenshealth.gov/breastfeeding

International Breastfeeding Centre -
www.drjacknewman.com/

Kellymom Breastfeeding & Parenting -
www.kellymom.com/

Other Breastfeeding Topics

Adoptive Breastfeeding - www.fourfriends.com/abrw/

Breastfeeding after Reduction - www.bfar.org

Breastfeeding and Working -
www.workandpump.com/

Donor Milk - www.hmbana.org

Other Local Resources

La Leche League of Murray
http://lllofmurray.blogspot.com/

La Leche League of Salt Lake City
http://lllofslc.wordpress.com/
breastfeedingslc@gmail.com

La Leche League of Sandy
http://www.lllofsandy.blogspot.com/
LLLofSandy@gmail.com