Utah Community Resources

La Leche League of Utah
801-264-LOVE
www.llusa.org/UT

Pregnancy Riskline (Medication Questions)
1-800-822-BABY
801-328-2229

Utah County

Hospitals/Clinics
American Fork Hospital IHC
170 North 1100 East
American Fork, UT 84003
(801)855-3300
- Prenatal classes with BF component
- Breastfeeding classes
- Inpatient BF assistance
- Referral to A Mother’s Touch Lactation

American Fork Hospital IHC
170 North 1100 East
American Fork, UT 84003
(801)855-3300
- Prenatal classes with BF component
- Breastfeeding classes
- Inpatient BF assistance
- Referral to A Mother’s Touch Lactation

Timpanogos Regional Hospital MSH
750 West 800 North
Orem, UT 84057
(801)714-6025 OB
RN inpatient BF assistance

Utah Valley Regional Medical Center IHC
1034 North 500 West
Provo, UT 84604
(801)357-7850
- Prenatal class with BF component
- Breastfeeding classes
- Inpatient BF assistance
- Referral to A Mother’s Touch Lactation

WIC Clinics
WIC
599 South 500 East
American Fork, UT 84003
(801)851-7320

1549 South State, Ste. 104
Orem, UT 84057
(801)851-7340

910 East 10 North,
Ste. 175
Payson, UT 84651
(801)851-7360

151 South University Avenue Ste. 2100
Provo, UT 84601
(801)851-7300

Pump Rentals/Breastfeeding Supplies
Praxair Medical
400 North Geneva Road, Ste. F
Lindon, UT 84042
(801)374-2556 or (801)785-1000
Rents Ameda and Medela pumps

For Every Mother
1410 North Main Street
Orem, UT 84057
(801)224-4143
Rents Ameda and Medela pumps

B & H Pharmacy
286 Center Street
Provo, UT 84601
(801)373-7288
Rents Ameda Elite pumps

Intermountain Home Care
289 West 1230 North
Provo, UT 84604
(801) 357-8250
Rents Ameda and Medela pumps
Breastfeeding Information Websites

Breastfeeding Help & Support

Choosing a Baby-Friendly Birthing Facility -
www.babyfriendlyusa.org/

Find a Lactation Consultant -
www.ilca.org/i4a/pages/index.cfm?pageid=3337

Utah Breastfeeding Coalition -
www.utahbreastfeeding.org/

La Leche League International
lli.org

General Information

American Academy of Family Physicians (AAFP) -

American Academy of Pediatrics (AAP) -
www.aap.org/breastfeeding/familiesLanding.html

National Women’s Health Information Center -
www.womenshealth.gov/breastfeeding

International Breastfeeding Centre -
www.drjacknewman.com/

Kellymom Breastfeeding & Parenting -
www.kellymom.com/

Other Breastfeeding Topics

Adoptive Breastfeeding -
www.fourfriends.com/abbrw/

Breastfeeding after Reduction - www.bfar.org

Breastfeeding and Working -
www.workandpump.com/

Donor Milk - www.hmbana.org

Academy of Breastfeeding Medicine – bfmed.org