# Utah Breastfeeding Coalition Minutes

**Date:** 4/13/2011

**Attendance:** Karin Hardman, Patrice Isabella, Kathy Pope, Cara Munson, Janet Peterson, Jessica Bartlett, Becky Beard, Amanda Nederostek, Jerry King  
**Excused:** Janet Peterson, Timbra Wiist, Sherrie Green, Katie Mathis

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| AAP presentation         | • Dr. King is currently working on AAP talk (slides due 1st week of May,) topics to include new hypoglycemia guidelines, breastfeeding and obesity, donor human milk.  
                           • Contacted North American milk bank and learned they used a method of pasteurization that eliminates CMV, HIV but also destroys some bioactive ingredients. Does UBC agree with this approach?  
                           • Karin clarified that we do. In order of priority, preferred method of infant feeding is 1 – direct breastfeeding, 2 – mother’s breast milk, 3 – donor breast milk, 4 – artificial baby milk. Support for these recommendations can be found at bfmed.org. | Patrice to email Dr King articles on breastfeeding and obesity.  
                           Cara to add Dr King’s talk to May 11th UBC agenda. |
| Job descriptions         | • Karin located job descriptions in old bylaws.                                                                                                                                                                         | Karin to scan in job descriptions, board members to review. |
| Regional coalitions/cafes| • Jeri Boren resigning from WIC, Davis Co bf coalition and UBC. Teresa Smith will be her replacement in WIC and in leading Davis Co bf coalition. It’s unclear if she plans to represent Davis Co on UBC board.  
                           • Discussed expansion of café into other areas of the state besides Logan. Becky (Richfield) reported that bf advocates spread out in her area of the state – any café would have to be held in individual towns and would have limited manpower. | Karin to contact Teresa Smith to discuss involvement with UBC.  
                           Teresa Smith  
                           801-525-5013  
                           teresaj@daviscountyutah.gov  
                           Karin to talk to Katie about possibility of café in southern Utah. |
| Sustainutah.org          | • UBC originally thought using La Leche League as an umbrella organization to filter donations would be an ideal fit (until UBC obtained non-profit status).  
                           • Karin reported that La Leche League of Utah is non-profit through La Leche League International. Given this, sustain Utah may be a better option for an umbrella organization. | Patrice to talk with Timbra about amending her contract. |
| Continuing Education Event| • Next CEU will be May 31st, 6:30-7:30 pm at University of Utah. Julia | Amanda to email details out for |
### Robertson will be presenting “Depression Meds and Breastfeeding”
- Marketing plan: flyers, distributed through email (Cara – membership and WIC, Jessica – Utah co area mountain star, Sonya – northern area mountain star?, Elizabeth – U?, Karin – IHC, ILCA website for lactation consultants
- Discussion about recording and posting to YouTube.
- Ideas for next year’s day long event? Policy advocacy and environmental change, 1 session on Surgeon General’s Call to Action, baby friendly, effects of early supplementation
- Dr King’s AAP talk would be good fall event

### ASTPNHD/AARA
- Annual mtg in Salt Lake in June, can photo project posters be ready to display? June 14th-June 15th, there will also be a day of training for breastfeeding coordinators by USBC, Patrice obtained permission for representatives from UBC to participate.
- PANO has funds and would like to identify bf friendly posters for childcare centers. Are board members aware of posters that would be appropriate for this setting?

### Photo project posters - printing
- Jessica tried to upload to google docs, was unsuccessful. Would like to finalize so posters can be ordered.
- Will order 21 posters. Cara would like poster with 16? Women breastfeeding for health departments (13). Patrice to finalize others for coalition use, and thank you gifts.
- Posters can be offered at cost for businesses, but can table this for next printing.

### Select 25
- Karin applied for grant. Started brainstorming session about how to make connections between lactation community in Utah.
  - Establish point of contact at hospitals to help disseminate information, access to MPINC scores, opportunity to present at inservices
  - Create email list of key partners (perinatal consortium)

### Misc
- Send pieces for newsletter to Becky by end of June.